

Supporting
people &
communities
in South
Derbyshire

Our Year 2015-16



About South Derbyshire CVS

South Derbyshire CVS is a local charity working to improve the quality of life for people in South Derbyshire. We do this by providing services to individuals in need, as well as supporting voluntary groups and communities to help themselves.

Our vision is for communities in South Derbyshire which are vibrant, resilient and strong; and where:

- People can get help in times of need or crisis, and are supported to improve their quality of life;
- People feel safe, well, connected and valued, can make choices about their lives, and have a sense of belonging;
- People's lives have meaning and purpose; they are able to participate, take action and make a meaningful and valued contribution to their community.

We work towards this in two ways:

- By supporting voluntary and community groups to set up, develop, work together and thrive;
- By supporting individuals, through services we provide directly (where we are best placed to do this) and by linking them with other local organisations and services.



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CEO's introduction

I joined South Derbyshire CVS as Chief Executive Officer in August 2015. It became apparent very quickly that the organisation had a great reputation in the community and delivered far reaching services.

This report provides a summary of 2015-16 achievements, which saw an increase in demand for our services. Although the year has not been without its challenges, the experience of providing 20 years' community service puts us in a strong position to work from.

The number of people benefiting from the vSPA (Voluntary Sector Single Point of Access) more than doubled this year. By providing a gateway into the voluntary and community sector, vSPA offers health & social care professionals access to a variety of community services. The scheme helps individuals benefit from community services, as well as celebrating and evidencing the impact of the voluntary and community sector. A new Social Prescribing Scheme, introduced this year, helped fund specific items and services.

The Community Development Team provides services which develop community action and support individuals and communities to help themselves. The number of small self-help community groups receiving 1:1 support this year increased, as did our online and social media work, increasing the number of volunteers accessing

Volunteer Centre services online. The team launched South Derbyshire Community Forum this year, just one of a number of different voluntary sector and community forums we organise with the aim of connecting people and communities to celebrate and promote community action.

We deliver a number of services ourselves, the scale and scope of which you will see evidenced through this report. Our Community Safety projects provided practical assistance to help victims of crime and vulnerable communities feel safer and be more independent in their own homes. Our befriending schemes doubled the number of befriending hours provided this year, and also developed new approaches to tackling loneliness and isolation. Community food projects provided emergency food parcels to more clients than ever before and a new project, Buh-Doof, brought people together over food in a planned way to learn new skills and share experiences. The Advocacy project continued to provide a voice to those in our community who sometimes struggle to be heard. All our community services bring people together, facilitate friendships and support the development of skills to help with day to day tasks.

Thank you to all those who continue to support us. Without you our work would not be possible.

Michelle Skinner, CEO



In 2016-17 we will

Take a proactive approach to Community Development

Increase the uptake of small grants funds by simplifying the application process

Respond to client needs by offering evening and weekend work

Find ways to provide fresh/perishable food items to those who use the Food Bank

Bring together all of our direct services to work together more closely and offer an integrated and more flexible package of support

Improve our data systems and processes.

Community Development



49 voluntary and community groups received 1:1 support

173 e-bulletins sent to over 500 people

188 posts on our blog which averaged 1061 views per month

6

groups received grants totalling

£5,072

from 2 small grant funds managed by Community Development

"CVS has played a vital role for our craft group. Siobhan has been amazing. She has encouraged us in our efforts and has expanded our horizons. The ladies who pop in to see us offer advice and encouragement and are kind and friendly. We also take advantage of cheap room hire. When our group lost funding we would have folded without the support from CVS."

"Our craft group is important to us. It provides social support in an informal atmosphere, it is a safe friendly group, it promotes self-esteem, it improves concentration and coordination. It encourages self expression and free thinking. Most of all we have fun and that's important if you have mental health problems."

"We are just one group who accesses CVS and find them brilliant. I guess there are many other community groups feeling the same"

The Community Development Team provides information, support and training to local voluntary, community and not for profit groups in South Derbyshire. This can cover a range of issues including start-up, funding advice/applications, trustee roles and responsibilities, charity registration, business planning and finance. As well as 1:1 support we share information and advice more widely through our e-bulletin and other media.

We manage two local small grants funds and support groups to apply. We also give practical support through our payroll service, admin services and room hire.

We support voluntary and community activity in South Derbyshire and help groups to get started, grow, develop and

thrive. The work of these groups is far reaching and varied and helps improve the quality of life for individuals in South Derbyshire through the provision of support, self-help, physical activity, advice and information, culture, health and social care services and much more.

Looking ahead

We plan to take a more proactive approach, bringing organisations together to identify local needs and gaps and plan how to address them. We want to increase uptake of small grant funds by simplifying the application process and offering more support to apply. We are developing an outcomes based approach to our work which will allow us to evidence the difference we make and also help groups to see the progress they've made.



Sing 4 Health

Sing4Health brings people with long term physical or mental health issues together to sing. It began as a very small group of 6-8 people meeting weekly. As the group grew in size and confidence, the CVS Development Team supported them to become a constituted group with a committee and secure small grant funding to pay for room hire, transport, equipment and a singing tutor.

Recently we supported them to write a successful bid for £13,900 to the People's Health Trust. This will allow them to grow over the next two years, and to provide a touring programme of concerts to residents of local care homes. This will further increase the confidence of members who are extremely upbeat and positive about the group's future.

Bringing People Together

4 Community Forums



122 attendees

“Being a member gives us opportunities to communicate with other organisations and discover new options; it is incredibly valuable.”

“The funding advice provided by CVS has proven invaluable. They offer peer-to-peer support with best practice advice and networking with colleagues across the district.

However their real benefit has been in facilitating partnerships which I would not have even considered. We as a national charity have community engagement aims. Many other very different organisations in the local area (some incredibly small charities) have aims such as increasing youth engagement in active citizenship.

SDCVS has opened my eyes to how we could work in a mutually beneficial way. I think this ultimately represents a cost saving, helping many charities in the local area to achieve their aims by joining up provision.”

Another important aspect of our work is to bring people together from different organisations and different sectors to share ideas, make connections, learn from each other and work together.

We launched **South Derbyshire Community Forum** which met 4 times, bringing together local voluntary groups, community activists and partners from other sectors to focus on issues that affect our communities.

Two specialist forums supported people working in similar fields: a **Community Engagement Network** (2 meetings) for people whose role involves developing voluntary groups and activities; and two **Volunteer Organiser Forums** for people responsible for managing volunteers. We also chair the **South Derbyshire Strategic Volunteering Partnership**.

We coordinate **Southern Derbyshire Health & Social Care Forum** (covering Amber

Valley, Erewash, South Dales and South Derbyshire), in partnership with CVS in those districts. This brings together voluntary organisations interested in health and social care, also enabling them to meet, hear from and be heard by public sector agencies.

We were part of a partnership working to make South Derbyshire more dementia friendly, culminating in the launch of a local **Dementia Action Alliance** in February.

Since 2012 we have managed the countywide **Derbyshire Trusted Befriending Network** which brings together, supports and quality accredits a network of over 30 befriending services across Derbyshire.

We supported local grassroots partnership work via **Goseley Liaison Group** including helping to organise **GoFest 2015** - a summer programme of events and activities for local families.



“Having a [Derbyshire Trusted Befriending Network] quality standard for guidance has encouraged us to focus on consistent support and supervision of all befrienders. This time is valuable for befrienders to feedback... Changes have been made due to discussions e.g. emergency contact procedure.”

Training & Learning

Liz attended our Volunteer Passport Training. A long period of mental illness, including time in hospital, had meant she had to give up her job. Liz was very open about the difficulties she'd experienced; her confidence grew as the course progressed and she was able to make a valuable contribution.*

She went on to join the ALICE Project as she wanted "to feel more confident in my skills ...I want the confidence and energy to pursue a rewarding job, and gain the skills needed to reach these goals and make decisions and choices."

With support from tutor Julia, Liz has almost completed an Aim Awards accredited qualification in Confidence Building. They meet regularly to review progress and set small targets. Liz has found it really valuable to keep a wellbeing diary and reflects daily on her diet, exercise decisions, motivation and mood.

She also started volunteering in a care home, where the manager has already suggested she apply for a job. Liz is looking to the future with a new found confidence.

We provide organisations and people with the chance to learn and develop through a range of accredited and informal learning opportunities.

As an **Aim Awards Accreditation Centre**, we not only deliver accredited training but also support delivery of accredited training by other organisations. 8 organisations delivered accredited courses and qualifications through our Centre this year.

Derbyshire County Council funded **Volunteer Passport** is free training for volunteers. Volunteers who complete the 5 training sessions receive a certificate and badge recognised all over Derbyshire. 55 volunteers gained their Volunteer Passport this year through 5 courses we delivered: 2 for volunteers working with children and young people, and 3 for volunteers supporting vulnerable adults.

Our **Alice Project** (Accessible Learning in Creative Environments) engages people

furthest from the world of work in informal, supported, non-traditional learning that helps them make changes to their lives. 46 people took part of whom 11 achieved an accredited learning outcome.

We coordinate and (with other Dementia Action Alliance partners) deliver a programme of Alzheimer's Society **Dementia Friends Information Sessions**. These short sessions help people understand what it's like to live with dementia and how they can make a difference.

Other training for voluntary and community groups included workshops on Safeguarding, Involving Volunteers and Domestic Abuse Awareness within Lesbian, Gay, Bisexual & Trans (LGBT) relationships.

Looking ahead, training delivery is moving into the Community Development team to make sure that both accredited and informal training are offered as part of an holistic package of support to local volunteers and organisations.

* names have been changed



"We have continued to develop and survive thanks to the training we've been able to deliver and the training and support the team have had through the Aim Award centre partnership. This is now a major aspect of our delivery, which we are using to promote and build the service. We would not have survived the year without this."

Volunteer Centre



The Volunteer Centre helps people who want to volunteer find roles with organisations across the district; and helps local organisations to develop volunteer opportunities, promote them and involve volunteers effectively. We also organise activities to promote volunteering and celebrate the contribution volunteers make.

The experience of volunteering can make a big impact on people's lives. The time they give enhances all areas of community life - many services would not exist without them.

In June we heard that we had successfully achieved **Volunteer Centre Quality Accreditation**, NCVO's national quality standard for Volunteer Centres.

Once again organised opportunities for local groups to **thank their volunteers and celebrate volunteering**, during Volunteers Week in June and at Christmas. At **South Derbyshire Day** in February, 25 volunteers nominated by local organisations were presented with trophies at Derby County FC's iPro Stadium, and some of them watched the match over dinner in the Toyota Box.

This was our final year as part of NCVO's national **Volunteering in Care Homes** project, and our focus was on supporting and training the care homes to

take over management of their volunteers. Over 3 years, 35 local volunteers gave 961 hours, and engaged 103 residents in activities at Oakland Village Care Home, Shardlow Manor and Overseal Residential Care Home. Two regional 'learn and share' events, a final report and practical toolkit, and a celebration event for our local volunteers, shared findings and learning from the project.

We supported another national pilot, **mentoring Volunteer Management Trainee** Emma Thompson at Calke Abbey. This National Trust initiative provided accredited training and paid work experience in volunteer management in a number of its properties to specially recruited trainees. Taking part has helped us to develop closer links with Calke Abbey and also to develop our understanding of the heritage sector.

Calke Abbey hosted our **Volunteer Organiser Forum** in November, themed around recognising and rewarding volunteers, and Emma gave a presentation on her experience to local volunteer managers. A second forum on 'recruitment and retention' in March provided further learning and sharing opportunities for volunteer managers. We also continued to train volunteers through the **Volunteer Passport** initiative.



"We had a lovely time last night and were taken care of very well. The greeting, award, food, service and of course the match were all enjoyed immensely. We were made to feel very special."

Volunteer who received an award at South Derbyshire Day

Befriending

“The befriending service encourages me to join the human race again. The service is helping me get back some confidence.”

“Our volunteers and those that use our service are all very different and special people. It is great to journey with them and help at times when people are most vulnerable, and to make a difference.”

Louise Scott,
Connect Coordinator



During 2015-16 we operated two befriending services: **Unique Care** and **Connect**. The aim of both services is to alleviate feelings of loneliness and reduce social isolation.

Unique Care is for older vulnerable people diagnosed with long term health conditions, aiming to reduce both isolation and the number of hospital admissions.

Connect offers 1-1 companionship and supports adults who are lonely or socially isolated, for example due to age, physical or learning disability, sensory impairment, mental ill health, Dementia or caring responsibilities.

The two services have different referral routes and funders, but they use the same recruitment, training, support and matching processes. Volunteer Befrienders provide support through home visits, telephone calls and support to go out - for example to the shops or to an activity or group in the community.

During the year we also offered Befriending Groups in Hilton and at Oakland Village in Swadlincote. The groups have been a real success. People love getting together for support from the volunteer team, and members also support and encourage each other.

Looking ahead

Over the next year the two services will be more closely aligned into a single, long-term support service for people who are lonely or isolated.

We also hope to develop more befriending groups, giving those who wish the opportunity to come together and make friends with each other.

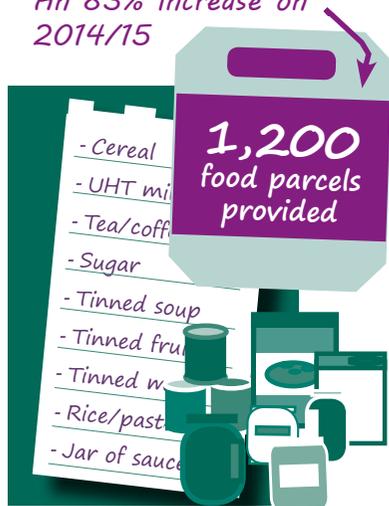
“It is the only time I am not on my own. It helps to stop me feeling so lonely”

“I get to a point when I can't see the point in carrying on. The Befriending Group is like a release valve for me”



Community Food Projects

An 83% increase on 2014/15



150 referrals to Citizen's Advice for further help and advice



to over 75 people aged 18 months to 80+

"Just wanted to say thank you for all your help, without you I would have been skin and bones, so thank you and I mean it you have been great."

The Food Bank is a lifeline for people in crisis. It provides essential food items, enough for 2- 3 days, for people experiencing poverty or hardship.

Demand has nearly doubled this year and continues to grow. This year we've developed great relationships with donors throughout the community. We now have a number of community donation points and the Burton Mail supported us through its 'Feed Our Families' campaign. Generous donations from individuals, schools, supermarkets, churches, community groups, businesses and others have enabled us to meet rising demand.

We have also been more proactive in offering support beyond the immediate crisis, for example by making referrals for people to Citizens Advice to find out what other support they might be entitled to.

Bringing people together over food can be a powerful way to link people with each other

and with support. This year our Community Food initiative **Buh-Doof!** brought people together to cook and enjoy a healthy, nutritious meal.

Launched in November, the project offers regular community meals twice a month at Oakland Village. We also ran 'cook and eat' sessions at local community groups and venues including families at Woodville Children's Centre and at St George's Community Centre in Gresley.

All the meals are offered on a 'pay what you can' basis - so no-one is excluded. Some people give time to help with food preparation, cooking, serving and clearing up rather than a financial contribution.

Looking ahead

We want to develop our community food offer to accept and give out perishable food that would otherwise go to waste. We also need to support and develop volunteers to make sure that Buh-Doof remains sustainable once its initial funding comes to an end.



Community Safety Projects

"I like to know that the scheme has made a difference to the people who have had equipment fitted. I like to talk to the clients when making the appointment and reassure them that Mark will do what he can to make them feel safer in their homes."

*Chris Wain
Project Support Worker*



"I am very grateful for the service I received today. The man who came to see me has given me lots of tips and advice on how to keep me and my family safe after a burglary last week which has left me scared and terrified. After today I feel so much safer with alarms on my doors and windows and a new padlock on my gate. Thank you."

Safer Homes is a free service working to improve security in the homes of older and vulnerable people who live in South Derbyshire and Erewash. We install security equipment including door chains, window alarms and spy holes. In addition, the Safer Homes operative will give free crime prevention advice. Safer Homes reduces fear of crime and has a proactive approach to crime prevention. After break-ins, people feel more secure in their homes once security measures have been carried out.

We also carry out preventative activity and attend events to promote the service and community safety initiatives. This year we promoted shed security packages in Aston and Weston due to a high volume of non-dwelling burglaries, and attended 16 car number plate screw initiatives in Erewash & South Derbyshire to prevent car number plate theft.

We also provided practical help through the Derbyshire **Handy**

Van service, which supports older and vulnerable people to live independently in the community by carrying out a variety of DIY tasks. Residents are entitled to two visits per year. The scheme conducts visits to clients related to fitting, maintaining Telecare equipment and additional security measures to enable victims of domestic violence to remain in their own home.

Looking ahead

For those who work during the daytime, Safer Homes will be offering evening and weekend appointments.

We are also planning to expand the practical help we offer - for example a pilot project to clear and maintain the gardens of vulnerable tenants, as well as developing new practical support roles for volunteers.

Our Handy Van contract came to an end in March 2016 and is now being delivered by Metropolitan as part of a coordinated countywide service.



"My doors front and back fit lovely now. I had a lot of difficulty, they were very hard to lock. You have made one lady very happy. Thank you all."

Supporting individuals

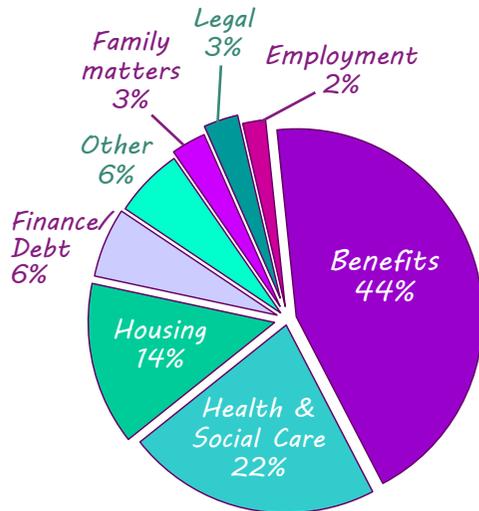
Mental Health Advocacy

89 new people supported

327 new cases opened



Presenting issue



The Mental Health Advocacy service offers free, confidential support for adults in South Derbyshire experiencing mental health difficulties.

The support provided can cover a variety of issues including benefits, housing, health care, employment, social or family issues and complaints.

We support individuals to make positive changes in their lives,

helping them to clarify what they need, access appropriate services, bring about change and take control over many areas of their lives .

The Advocate is there to listen without making judgements, provide information, help people explore their options and make a decision, attend meetings with them and, if they wish, to speak on their behalf.

Remaining independent

Following a series of falls, Denise* was diagnosed with Polymyalgia Rheumatica which causes difficulties with mobility and fatigue. She was struggling to manage to keep her home clean and tidy which was affecting her mental health.

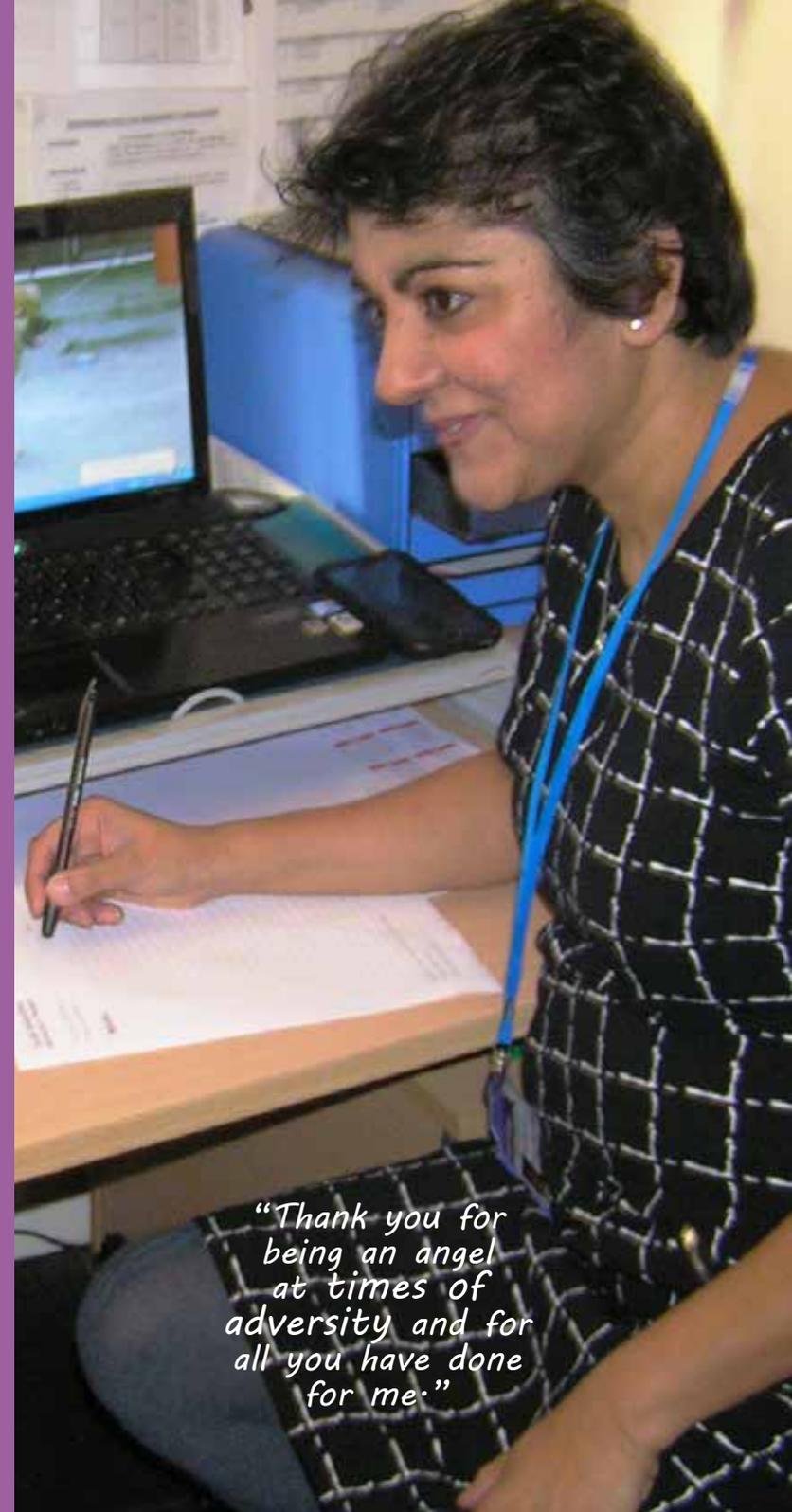
After another fall at home, Denise contacted the advocacy service to help her access support. Advocate Saira contacted Social Care on her behalf and asked for an assessment. She also helped Denise to apply for Attendance Allowance.

The assessment took place within a few weeks, and Denise was provided with aids throughout her home. The assessment also found that Denise's bathroom needed to be adapted to reduce the likelihood of future falls.

Ordinarily Denise would have had to contribute £2,500 to have the bathroom adapted but because she was awarded Attendance Allowance the contribution dropped to £750. Because of the extra income Denise was also able to afford to pay for a cleaner.

Denise was very happy with the help she received as a result of advocacy support. It has helped her to stay independent within her own home and it has removed her worries about having to go into residential care.

* names have been changed



"Thank you for being an angel at times of adversity and for all you have done for me."

Social Car

“Every 3 months I go to Nottingham Hospital to get treatment following an accident. I have injections in my spine and wouldn’t be able to travel back on my own.”

“Someone is there and cares. I so rely on it, I don’t know what I would do without the service – I wouldn’t be able to get back from the hospital so I wouldn’t go.”



Social Car is an affordable, supported, door-to-door transport service for South Derbyshire residents who are unable to drive or use local public transport and who need a little extra assistance. Volunteer drivers use their own cars to provide transport to health services, social activities, to visit relatives or go shopping. We also offer a shopping service to fetch essential food for people who can’t go out and shop for themselves.

The service supports people to maintain their independence,

and to remain involved with their loved ones and in their community. It also helps to identify additional needs of the service users and supports them to access other services as appropriate.

Looking ahead

We are planning to bring together all our direct services for adults, to work together more closely and offer an integrated and more flexible package of practical and emotional support. Social Car provision will continue to be an important part of the new service.

Lesley and her son Adam, have used the service for many years on a regular basis. Both are disabled and Adam has additional needs.*

Over the last couple of years Lesley has had to attend regular hospital appointments. She has confidence in our drivers and it gives her peace of mind when attending appointments, especially unpleasant ones, knowing she will have a friendly face waiting to greet her afterwards and someone to talk to if she needs it.

The service also allows Adam to travel unaccompanied. Lesley trusts that our drivers will take care to ensure that he gets to where he needs to be and is returned home safely.

We have driven Lesley and Adam to medical appointments, days out and even for a much needed holiday in Skegness. Lesley says she would find it difficult to attend her medical appointments or take part in social activities without our help.

* names have been changed



“I couldn’t have done without the CVS – I’ve just had a triple heart bypass, they waited with me for 3 hours – absolutely brilliant.”

The Travelling Lunch Club

“Lunch club is one of the rare times I have a chance to get out and socialise, to feel like a part of the human race”


131
members

41 outings

to 17 venues


857
lunches
eaten

The Travelling Lunch Club reduces social isolation amongst older people by providing an opportunity to meet new people and socialise with friends.

It offers an affordable, monthly trip out for lunch with a friendly group. It is aimed at anyone over the age of 55 who may feel isolated and lonely. There are four different lunch clubs, each bringing together residents from a different part of the district.

We provide wheelchair accessible, door-to-door minibus transport, support from volunteers and a two-course lunch at a different venue each month.

Due to the rising costs of food in restaurants we had to increase the cost of attending this year, but still have many members joining us each week. Group members and the wider community have also supported us with fundraising including a tombola stall at the Festival of Leisure, and a raffle at each lunch club. Volunteer drivers from the social car scheme have transported some of our members, helping to keep travel costs down.

Looking ahead

The cream tea that we held in August was a roaring success and another one is planned

for this year. We are aware of some areas where we have few members such as Twyford, Burnaston and Elvaston and we will focus on promoting the scheme, to help reduce social isolation in rural areas.

Beryl & Bill *

Beryl was very nervous when she attended her first lunch club, though she enjoyed her meal. The following month, another new member, Bill joined the group. Beryl started talking to Bill and asked him to sit with her and her new friends.

A friendship blossomed and now Beryl and Bill ring each other almost every day. Beryl has mild dementia, and Bill often updates us on her mental health and reminds Beryl of upcoming appointments.

Bill says it gives him something else to think about other than his own declining health and Beryl says it's like having her own personal assistant.

**names have been changed*

“I am now 80 years old and it's difficult to get out after a fracture of the spine. To be collected from home and driven back is a godsend”



“This is the only time I get out of the house each month.”

Supporting individuals

vSPA

Voluntary Sector Single Point of Access



*clients referred
to vSPA ...*

*and supported
to access*

*142 voluntary
and community
organisations*

vSPA (Voluntary Sector Single Point of Access) provides a one-stop referral pathway from Health and Social Care services, to the support offered by local voluntary and community organisations. The service is funded by Derbyshire County Council and Southern Derbyshire Clinical Commissioning Group.

It supports older and vulnerable people, and people with long term conditions, living in Amber Valley, Southern Derbyshire Dales and South Derbyshire to maintain their independence in their community. A worker based in each district takes

referrals, contacts the individual, assesses what they need, and puts them in touch with suitable sources of community help and support. For example befriending, transport, self-help groups, lunch clubs, exercise classes, carer support or benefits advice.

This year saw the introduction of a **social prescribing project** offering individuals in need a budget to pay for community services or activities that best meet their health and wellbeing needs. As Derek's story shows, sometimes a small investment can help people make huge changes to their lives.

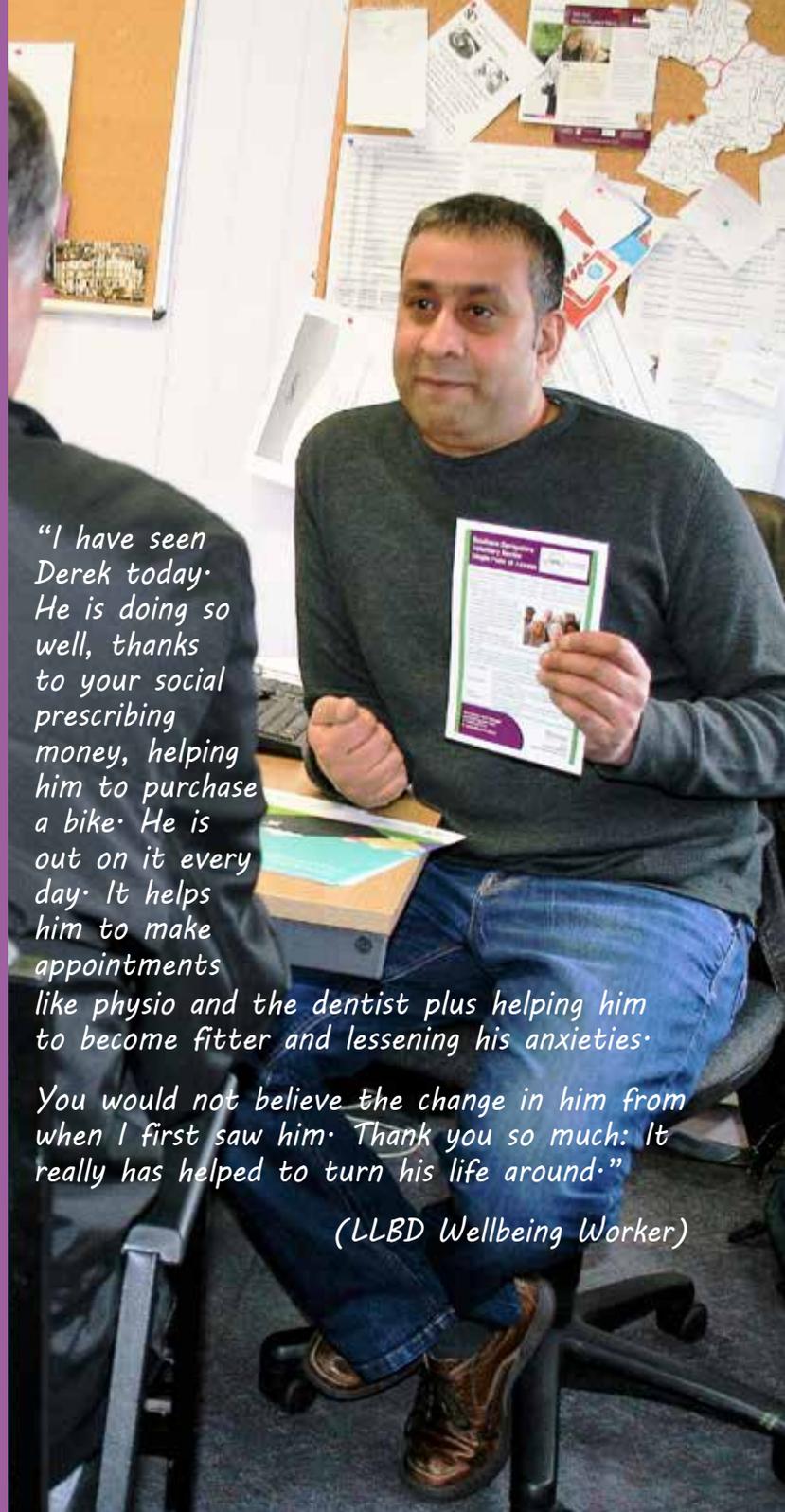
Derek*

Derek was referred by his GP practice because he was in poor physical and mental health due to social isolation, loneliness and lack of activity. The practice's Live Life Better Derbyshire Wellbeing Worker and the vSPA Liaison Worker talked to Derek about what would help him to make changes to his life.

He suggested that a bicycle would enable him to get out and about when he wanted - he finds using public transport hard because of his mental health difficulties. Through the Social Prescribing Fund, vSPA paid for half the cost. Despite being on a low income, Derek saved up to pay the other half.

Having a bike has made a huge difference to Derek's quality of life. He has used it to get to the leisure centre and take part in physical activity sessions, and to attend medical appointments which he was previously missing. He can get out and see people, and has even re-established contact with his daughter. He is less lonely, fitter and much happier.

** names have been changed*



"I have seen Derek today. He is doing so well, thanks to your social prescribing money, helping him to purchase a bike. He is out on it every day. It helps him to make appointments like physio and the dentist plus helping him to become fitter and lessening his anxieties.

You would not believe the change in him from when I first saw him. Thank you so much: It really has helped to turn his life around."

(LLBD Wellbeing Worker)

Finance

Statement of financial activities for the year ended 31 March 2016

	Unrestricted funds	Restricted funds	Total funds	Total funds
	2016	2016	2016	2015
	£	£	£	£
Income from:				
Donations & Legacies	-	39,921	39,921	71,735
Charitable activities	62,735	515,612	578,347	573,455
Other trading activities	2,258	4,877	7,135	5,384
Investments	1,469	-	1,469	2,962
	66,462	560,410	626,872	653,536
Expenditure on:				
Raising funds	1,749		1,749	1,749
Charitable activity	94,690	515,090	609,780	604,203
	96,439	515,090	611,529	605,952
Net income / (expenditure) and movement in funds	(29,977)	45,320	15,343	47,584
Reconciliation of funds:				
Total funds brought forward	462,423	216,189	678,612	631,028
Total funds carried forward	432,446	261,509	693,955	678,612

Funders 2015-16

Derbyshire County Council
 Erewash District Council
 NHS Southern Derbyshire CCG
 NCVO/Department of Health
 South Derbyshire District Council

Thank you also to everyone who supported South Derbyshire CVS this year, including the many people and organisations who donated to the Food Bank.

Balance sheet as at 31 March 2016

	2016	2015
	£	£
Fixed assets		
Tangible assets	125,816	131,264
Investments	1	1
	125,817	131,265
Current assets		
Debtors	30,763	48,899
Cash in hand and at bank	607,224	522,837
	637,987	571,736
Creditors: Amounts falling due within 1 year	(69,849)	(24,389)
Net current assets	568,138	547,347
Net assets	693,955	678,612
Charity funds		
Restricted funds	261,509	216,189
Unrestricted funds	432,446	462,423
Total funds	693,955	678,612

This page shows summary financial information.

Please contact us for our full Trustees Annual Report and Accounts 2015-16, or download a copy from our website.

Thank you to our volunteers:

Laura Abella	Linda Farnel	Mary Martin	Clive Sherriff
Paul Allard	Nikki Fenwick	Roy Matthews	Bill Smith
Vic Appleby	Dennis Fletcher	Andrew Meacham	Diane Smith
Steve Bajkowski	Margaret Fletcher	Irene Meakin	Gemma Smith
Fiona Banks	Stephen Ford	John Metcalf	Norman Smith
Claire Barnes	Meg Frier	Denise Middleton	Usha Sood
Denise Bending	Elspeth Frudd	Tracy Midsom	Peter Southgate
Michael Bending	Jennifer Gale	Margaret Mills	Kalila Storey
Gaynor Benn	Sue Gardner	Pat Mulleneux	Megan Storey
Alex Bennett	Pauline George	Darren Murray	Emma Stubbs
Paul Blackmore	Jane German	Sandra Murray	Kathy Thomas
John Boldison	Christine Gould	Jane Nicholson	Keely Tice
Dave Bonner	Phil Goulding	Keith Overton	Ray Tipping
Darren Bradford	Jonathan Grey	Judith Pass	Graham Tomlinson
Barbara Briggs	Orla Haberlin	Thomas Patrick	Clare Topliss
Linda Briggs	Antony Hand	Dave Pearce	Jo Topping
Gillian Brown	Daniel Hardy	Mike Peckover	Kev Towler
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