



What does a



look like?



Volunteer Centre
South Derbyshire

Volunteers make a difference

Volunteers are ordinary people from all walks of life, who want to do something extraordinary.

Whatever your skills and interests and however much or little time you can offer, we can help you find the right volunteer opportunity for you.



You could:-

- Support or befriend someone who is isolated or finding life difficult
- Improve the environment
- Raise funds for a good cause
- Give information or advice
- Help with art, music, craft, sports or other activities
- Work with the public in a museum or heritage site
- Look after animals
- Help out at an event



Skills needed could include:

- Listening
- Social media
- Patience
- Gardening
- Business
- IT skills
- Arts
- Empathy
- Finance
- Management
- Sports
- Commitment

Everyone has something to offer!

Volunteers enjoy what they do

There are many good reasons to volunteer - the most important one is that you want to!



People volunteer because they hope to:-

- Develop new skills
- Gain new experiences
- Challenge themselves
- Make the world a better place
- Try something different
- Make new friends
- Have fun!

Come and find out more

There are hundreds of different volunteer opportunities in South Derbyshire. The Volunteer Centre can help you look at what volunteering involves and what's on offer - with no pressure to commit to anything until you're ready.



Find out more



How we can help

The Volunteer Centre can help you find the volunteer opportunity that's right for you.

Our **Volunteering Advisors** can spend 1:1 time talking to you about your options (appointments available Tuesday or Wednesday mornings or Thursday afternoons).

If you prefer we can give you information by telephone or email, or post it to you.

You can search for volunteer opportunities online at any time. Visit the 'Do It' website at **www.do-it.org.uk**



How to contact us

You can find us at:
South Derbyshire CVS
46-48 Grove Street
SWADLINCOTE
DE11 9DD

Opening times:
8.30 - 4.30 Mon-Thu
8.30 - 3.00 Fri

Telephone:
01283 219761

Email:
volunteering@sdcvcs.org.uk

Website:
www.sdcvcs.org.uk/volunteering



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