DAA

South Derbyshire Dementia Action Alliance

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Dementia Friends Information Session



Dementia Friends Information Sessions aim to give people an understanding of dementia and the small things that they can do that could make a difference to people living with dementia.

During this short, interactive session you will learn a little bit more about what it's like to live with dementia, how you can help to create dementia friendly communities and how to turn your understanding into action.

Anyone of any age can be a Dementia Friend.

Offered as part of the Alzheimer's Society Dementia Friends programme. More information at www.dementiafriends.org.uk



Spring 2017

Dementia Friends Information sessions will be held on

Mon 30 January* Mon 24 April Mon 27 February* Mon 29 May Mon 27 March* Mon 26 June

1.00 - 2.00 pm at South Derbyshire CVS, Swadlincote

*Local support for people with dementia and their carers

On these dates Sophie Brown the local Dementia Advisor from Making Space will attend. There will be an extra half hour session (2.00 - 2.30pm) to find out about local support services and ask questions.

FREE but please book in advance

Contact Elspeth Frudd t: 01283 219761 or e: bookings@sdcvs.org.uk